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FITNESS TRENDS FOR 2015

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DRESSING UP WITH THE DESIGNER

Racea HEALTHY START TO THE NEW YEAR

STYLISH / INTELLIGENT / ELEGANT

Luxury on tap

This Notting Hill bathroom designed by *Milly Goodwin* for Drummonds is our absolute room of the moment

Words PEARL BOYD

orrow can be alleviated by good sleep, a bath and a glass of wine,' said 13th century Italian philosopher Thomas Aquinas. His idea of a reviving bath would doubtless have been a punishingly unluxurious experience in comparison to the 21st century wetroom standard. Today, it's arguable that the definitive domestic luxury is not the superking-sized bed with sheets of the world's highest thread count, nor the integrated wine cabinet; not a vast cushiony sitting room or a seamless German kitchen or even a huge underground home cinema. No. The true luxury is the ultimate bathroom.

Statistics suggest that the average person spends a total of 18 months in the bathroom over the course of a lifetime – and life is too short to waste that fiddling with a flaky shower or even putting up with an unattractive colourway. Aquinas would probably have found his cure for sorrow in a public bathing house, but for us it's all about privacy and calm, sober schemes, fresh scents and smooth surfaces. We want the temperatures (floor, air and water) to be just right – we'd like a window with a view, please, and lots of natural light, and it's also important that the place doesn't feel like it's come straight from the bathroom



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showroom. The best bathroom is a oneoff, bespoke concept with its own look,
and The bathroom is where style meets
function. The bathroom designer knows
that not only does the shower need to
offer just the right amount of pressure
at precisely the perfect temperature,
but it also needs to look stylish and
characterful, clean – of course – but not
too sterile. So the look should be freestanding rather than uniform and built-in.

This luxurious suite in a Victorian house in Notting Hill, designed by stylist Milly Goodwin, embraces bright colour and rich, polished brass. Best of all, it's a real room (not a partitioned compartment) with its original fireplace, deep skirting boards and sash windows. Warm metal finishes are a hot trend, and they age down to a beautiful patina that

●● WE'D like a WINDOW with a VIEW, please and lots of NATURAL LIGHT●●

adds an element of glamour. The Spey cast iron bath in Salmon pink is the main feature of the room, with Drummonds' classic unlacquered solid brassware with burnished black walnut lever handles creating a warm, nostalgic feel. It has been left un-lacquered and un-polished to age naturally giving it a rich, golden colour and unique patina. The bath is

drained through a Plunger waste unit based on a classic Victorian design.A new wall was created to conceal a shower and loo enclosure, and the Art Deco glass panel was sourced in Paris. This beautiful piece is backlit, bathing the bath in a soft glow in the evening. Bold terracotta floor tiles were chosen to match the bath by Italian designers Palazzo Morelli and the stylish walnut vanity units were made to order. The fireplace, marble basins and countertop are all from Chesneys and the rock resin wall covering from Senso. In all, this is the ultimate bathroom and Aquinus, we are certain, would have been entirely free of all sorrow here.

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