

# PERIOD LIVING

CELEBRATING CLASSIC HOMES AND TIMELESS STYLE

MAY 2022

## Rustic revival

Inspiring homes filled with treasured and reclaimed pieces

### GREEN ROOM

Embrace outdoor living with a garden building

### TICKLED PINK

Try salmon and peach as the new neutrals

### PLUS

● COUNTRY KITCHEN DESIGN ESSENTIALS

● WOODLAND GARDEN IDEAS

● BATHROOM LIGHTING GUIDE

*Perfect harmony*

HOW TO STYLE A LIVING ROOM

## SPRING REVAMP

Simple and creative weekend decorating projects

FUTURE

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## Bathroom Lighting

### Layer by layer

*Left:* Historically, the bathroom was a functional space – somewhere to wash and get ready – but today it has a more nuanced role. Not only does lighting need to offer practical illumination, but it must also create a relaxing atmosphere. ‘We work on the principle of layers, with dimming controls to take the lights from functional to ambient. In this bathroom, recessed ceiling spots wash light down the marble shower wall – it can be set to bright in the morning or more muted in the evening,’ explains Sophie Stevens, director at SGS Design, who created this space. ‘Also consider installing a motion activated low-level floor washer to provide valuable illumination if you need to use the bathroom at night – the soft glow will guide you without fully waking you up.’

### Showering off

*Below:* In-shower lighting is highly practical, especially if your shower is housed in an enclosed corner of the room. Recessed downlights are best for this space, where room is limited. If opting for in-shower lighting, then IP65 fittings are a must. These can withstand jets of water being pointed at them from any angle, although cannot be submerged. Pair these with a statement pendant above the bath to add some ambient lighting to the space. Featured is a Drummonds shower system, including Chessleton hand shower, from £426, and the Mull Classic shower arm, £684. For a similar pendant light try The Old Cinema. ➤

